

Saddle-Stitched Books

What is saddle stitching?

Saddle stitching is one of the simplest binding styles. It is also the most widely used. Paper sheets are folded in half and then fastened with two staples along the spine/fold of the booklet. This style of binding is excellent for booklets, brochures, newsletters, pamphlets, direct mailers, catalogs and DVD case inserts.

Page numbers have to be in multiples of 4 to make the folded booklet. As few as 8 pages with cover can be used or up to 80 with self-cover.

Size requirements:

Page Size	Maximum:	8.5" x 11" finished
	Minimum:	no minimum
Page Count	Maximum:	80 pages (20 sheets)
	Minimum:	8 pages (2 sheets)

Layout/Formatting:

Cover

The front & back cover for saddle-stitched books is actually one large sheet - the back cover and front cover together in one file (*figure 1*). For example, if the finished size is 8.5" x 11", then the final supplied PDF document should be 11" x 17" which includes the back and front covers as one continuous page. Please include crop marks.

Text

Text files must be set up at the final trim size of the book. For example, if the book is 8.5" x 11", the page size should be 8.5" x 11". The final PDF document should be set up as individual pages, not as spreads. The total page count must be in multiples of 4. Please include crop marks.

Production

Final print files must be supplied as a high-resolution PRINT READY PDF.

- Final print-ready PDFs must include crop marks and a .125" bleed.
- Final PDF must be saved/created as "PRESS QUALITY PDF". Please double-check your settings before submitting final PDF.
- Please be sure to use high-resolution images at 300dpi minimum. Final files that are supplied with low-resolution images will result in poor-quality printing.
- All files that are not supplied according to these specifications are subject to additional production charges.



Figure 1