

# Spiral Bound Books

## What is spiral binding?

Spiral binding is an extremely popular book binding style for creating workbooks, transcripts, journals and guidebooks. This binding style is known by a number of names including spiral coil, plastic coil and coil binding. There are several types but the basic method is to punch holes along the entire length of the spine of the page, and wind a wire helix (like a spring) through the holes to provide a fully flexible hinge at the spine. Documents bound with spiral coil have the ability to open flat on a desk or table and offer 360 degree rotation for easy note-taking. It is commonly used for publications where it is necessary or desirable to be able to open the publication back on itself without breaking the spine. This binding style is extremely durable. Spiral coil binding spines are also available in more colors and sizes than any other binding style.

## Size requirements:

Page Size	Maximum:	8.5" x 11" finished
	Minimum:	no minimum
Page Count	Maximum:	800 pages (400 sheets)
	Minimum:	no minimum

## Layout/Formatting:

### Cover

The cover should be a single page PDF document for the front cover (figure 1) and a single page PDF for the back cover (figure 2). If the finished book size is 8.5" x 11", then please supply a front and back cover that is 8.5" x 11".

### Text

Text files must be set up at the final trim size of the book. For example, if the book is 8.5" x 11", the page size should be 8.5" x 11". The final PDF document should be set up as individual pages, not as spreads.

## Production

Final print files must be supplied as a high-resolution PRINT READY PDF.

- Final print-ready PDFs must include crop marks and a .125" bleed.
- Final PDF must be saved/created as "PRESS QUALITY PDF". Please double-check your settings before submitting final PDF.
- Please be sure to use high-resolution images at 300dpi minimum. Final files that are supplied with low-resolution images will result in poor-quality printing.
- All files that are not supplied according to these specifications are subject to additional production charges.

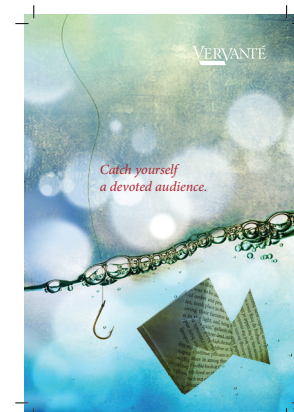
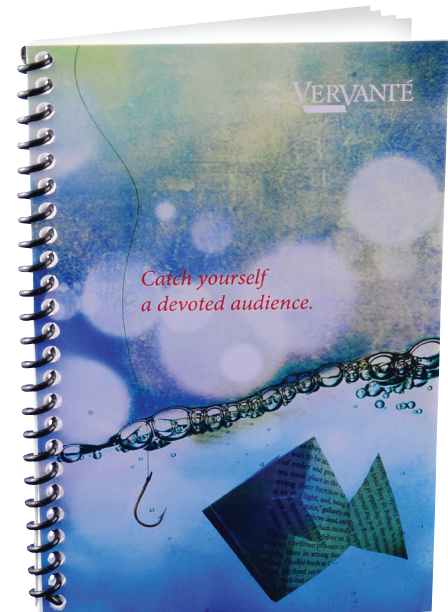


Figure 1



Figure 2