

# Perfect Bound Books

## What is perfect binding?

Perfect binding is a bindery method which involves printing a book's cover on a heavier paper (usually 10 pt C1S cover stock), applying a strong adhesive to the inside of the spine, and inserting the book's collated inner pages firmly into the adhesive. The adhesive then dries and holds the pages into the spine firmly, and the uneven edges smooth. Perfect bound books present a quality of professionalism not often achieved by spiral binding and is often used for high-end magazines, journals and paperbacks.

## Size requirements:

Page Size	Maximum:	8.5" x 11" finished
	Minimum:	no minimum
Page Count	Maximum:	400 sheets (800 pages)
	Minimum:	35 sheets (70 pages)

## HOW TO DETERMINE THE WIDTH OF YOUR SPINE

1. Number of pages \_\_\_\_ ÷ 2 = sheet count
2. Number of sheets \_\_\_\_ x .0039 + .02 = spine

## Layout/Formatting:

### Cover

The cover for perfect bound books is actually one larger sheet, back cover and front cover plus the spine. The cover should be set up to include the back cover, spine & front cover all in one file (figure 1).

### Text

Text files must be set up at the final trim size of the book. For example, if the book is 8.5" x 11", the page size should be 8.5" x 11". The final PDF document should be set up as individual pages, not as spreads.

## Production

Final print files must be supplied as a high-resolution PRINT READY PDF.

- Final print-ready PDFs must include crop marks and a .125" bleed.
- Final PDF must be saved/created as "PRESS QUALITY PDF". Please double-check your settings before submitting final PDF.
- Please be sure to use high-resolution images at 300dpi minimum. Final files that are supplied with low-resolution images will result in poor-quality printing.
- All files that are not supplied according to these specifications are subject to additional production charges.



Figure 1